

Resources: *Scan the QR code to find help*



High prescription drug costs in Oregon

The State of Oregon offers the ArrayRx Discount Card, a digital card to help Oregonians save on medications. There is no membership fee and no age or income restrictions. Enroll in the program on the website. All FDA-approved prescriptions are eligible for discounts. You can use the discount card instead of insurance or Medicare if your insurance does not cover a medication.



Medicare concerns

SHIBA (Senior Health Insurance Benefits Assistance) is a statewide network of trained counselors who volunteer their time to educate and advocate for people of all ages who have Medicare. The program is part of the Oregon Department of Human Services. SHIBA offers Medicare information and counseling as a free public service.



Oregon Medicaid/Oregon Health Plan concerns

Oregon Health Plan members who have a concern about services covered by their coordinated care organization can contact Oregon Health Authority (OHA). Oregon Health Plan members can send complaints to OHA by email or request a hearing with OHA about coverage of services. Find the email address, phone number, and other information on this website.



Commercial health insurance coverage concerns

The Oregon Division of Financial Regulation advocacy team helps Oregonians who have a complaint about a company or individual in the insurance industry. Find the email address, consumer hotline phone number, complaint forms, and other information on this website.



Find help to get health insurance

Most Oregonians buying insurance on their own qualify for financial help if they enroll through the Oregon Health Insurance Marketplace. You can find more information about insurance costs and health coverage experts to help you get covered on this website.