



**Department of Consumer and Business Services  
Division of Financial Regulation**

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**Notice to parties in a suit for marriage dissolution or legal separation  
regarding continuation of health coverage**

If you or your spouse have filed for divorce or legal separation and currently hold group health insurance coverage through your spouse, your coverage may end when the court grants your divorce or separation. Oregon law offers options that may enable you to continue your coverage. This notice outlines continued coverage options available under Oregon law. Federal law, commonly known as COBRA, may also enable you to continue coverage. *Note:* You must act promptly to continue coverage.

Applying for individual coverage may also be an option. Insurers can no longer deny enrollment to individuals because of health or pre-existing conditions. You may be eligible to enroll in a plan through [healthcare.gov](http://healthcare.gov) or directly from an insurer. If you apply for coverage through [healthcare.gov](http://healthcare.gov), you may qualify for financial assistance.

For more information about Oregon and federal law, consult your health insurer, the plan administrator for your insurance coverage, the employer through whom your insurance is provided, or your attorney.

**The following is a summary of options under Oregon law:**

- 1. Continuation of existing coverage for a divorced or legally separated spouse who is 55 years of age or older** (ORS 743B.343 to 743B.345). If you are a divorced or legally separated spouse and if you are 55 years of age or older when the dissolution or legal separation occurs, you may continue your existing group coverage until you obtain other group coverage or become eligible for Medicare. In order to continue coverage, you must do both of the following:
  - A. You must notify the group health insurance plan administrator in writing of the dissolution or legal separation within 60 days of the entry of the decree of divorce or legal separation.
  - B. You must elect to continue and pay for the group coverage. You must make the election on a form provided by the plan administrator.

*Note:* This provision applies only if your coverage is provided through an employer who employs 20 or more employees or if your coverage is provided by a group health insurance plan that covers 20 or more employees.

- 2. Continuation of existing coverage for a divorced spouse when federal law does not provide for continued coverage** (ORS 743B.347). If you are not able to continue your group health coverage under federal law (COBRA), you may continue your existing group coverage upon dissolution of your marriage for a period not exceeding nine months. The following requirements apply:
  - A. You must have been continuously covered by the group policy for at least three months prior to your divorce.
  - B. You must ask the insurer or the group policyholder, in writing, to continue your coverage. You must also pay the required premiums.
  - C. You must make your request by the latter of the following dates:
    - (1) Ten days after the date that your coverage under the group policy as a qualified family member ends;
    - or
    - (2) Ten days after the date on which the employer or group policyholder gives notice of the right to continue coverage.

**3. Apply for individual coverage.** If you were covered by a group health plan and you lost that coverage because of a legal separation or divorce, you may qualify for a special enrollment and be eligible to purchase an individual plan through healthcare.gov or from an insurer. To qualify for this special enrollment:

(1) Apply through healthcare.gov and pay your premium within 60 days of the date you lost your group coverage;

or

(2) Apply for individual coverage from an insurer within 60 days of the date you lost your group coverage.

**Remember:** The longer you wait to apply, the later your coverage will start. Financial help is available only if you apply for insurance through healthcare.gov. Your insurance agent can also help you apply through healthcare.gov.

*Prepared by Oregon Division of Financial Regulation, Department of Consumer and Business Services, under ORS 107.092.*

*Revised Nov. 3, 2016. Distributed by the Office of the State Court Administrator.*