The High Cost of Multiple Sclerosis Drugs: A Case Study in Pharmaceutical Market Dysfunction

Daniel Hartung, PharmD, MPH
Associate Professor
College of Pharmacy Oregon State University



Disclosures

- AbbVie Pharmaceuticals (research contract)
- National Multiple Sclerosis Society (research contract)

Other grant support

- NIH / NIDA
- CDC
- AHRQ

- Multiple Sclerosis is progressive, immune-mediated, neurologic condition associated with significant physical disability and functional impairment
- Prevalence in US ~ 1 million
- Economic burden is significant
 - ~\$70K/year direct and indirect costs
 - 50% to 75% of total direct medical spending is for Rx Drugs
- MS Disease-modifying therapy (DMT) are not curative but can reduce relapses and delay progression
- DMT should be offered to all individuals with RRMS

Disease-Modifying Therapies for Relapsing-Remitting MS (RRMS)

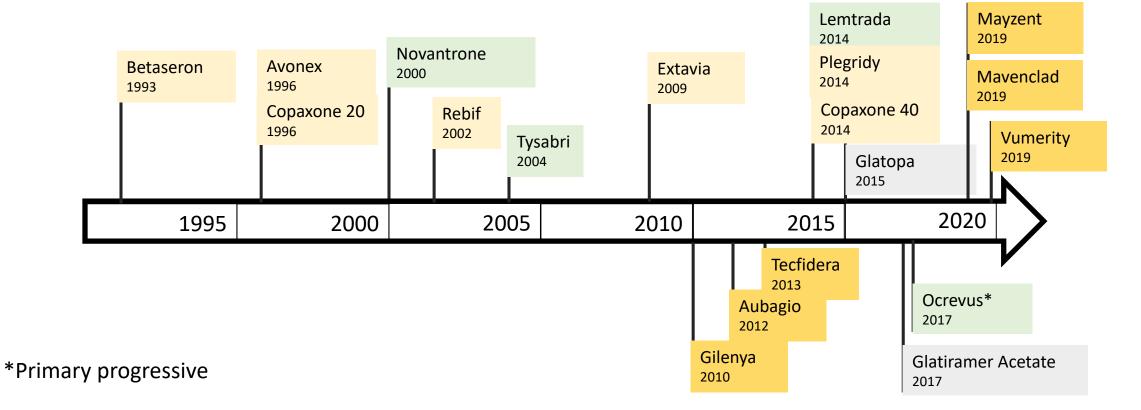
- FDA approved 1st MS drug in 1993
- 19 FDA approved drugs that differ by MOA, administration, efficacy and adverse effects

Self-administered injection = 7

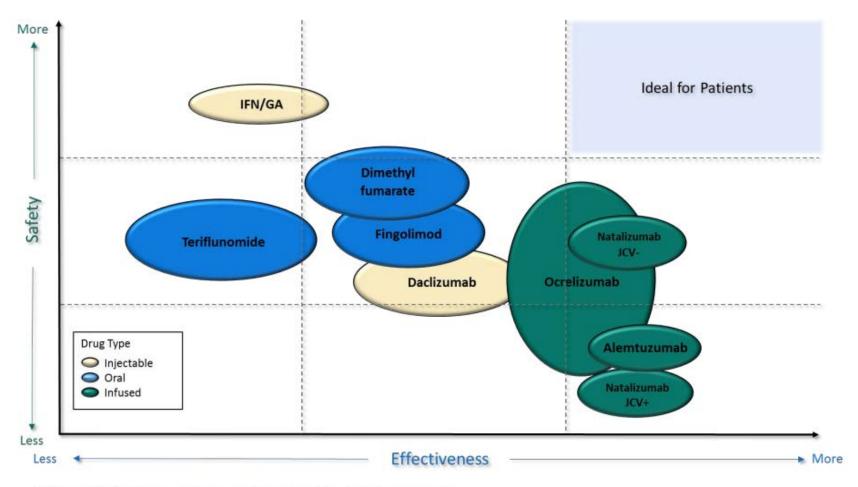
Oral = 6

Infusions = 4

Generic = 2
(glatiramer acetate)

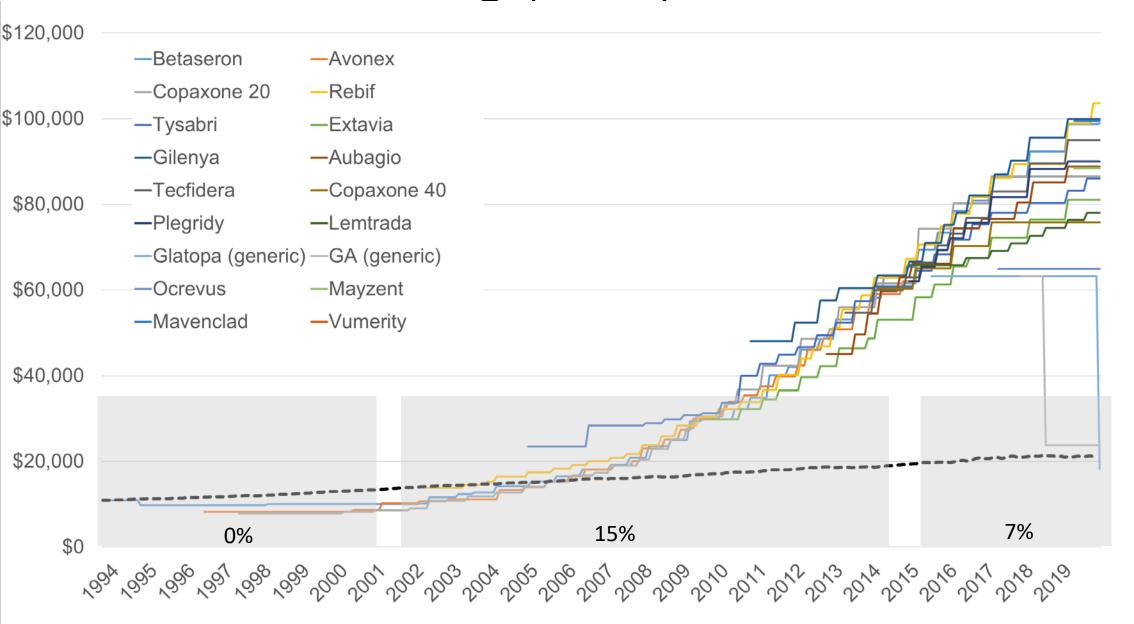


Qualitative summary of safety and effectiveness



Wider and taller shapes indicate greater uncertainty. Not drawn to scale.

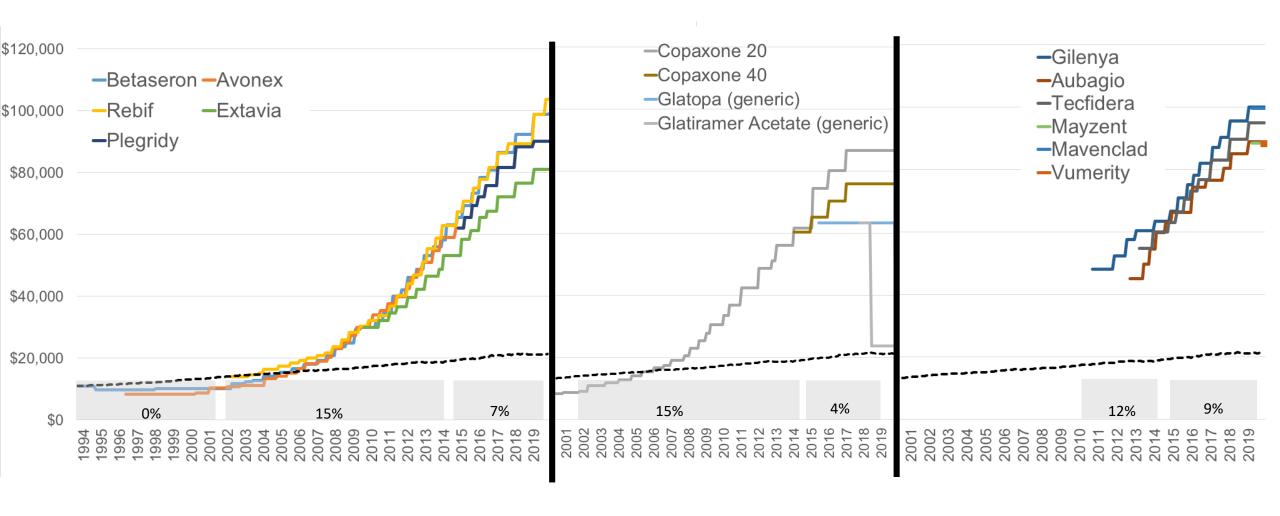
Annual DMT Pricing (WAC): 1993 to 2019



Interferons

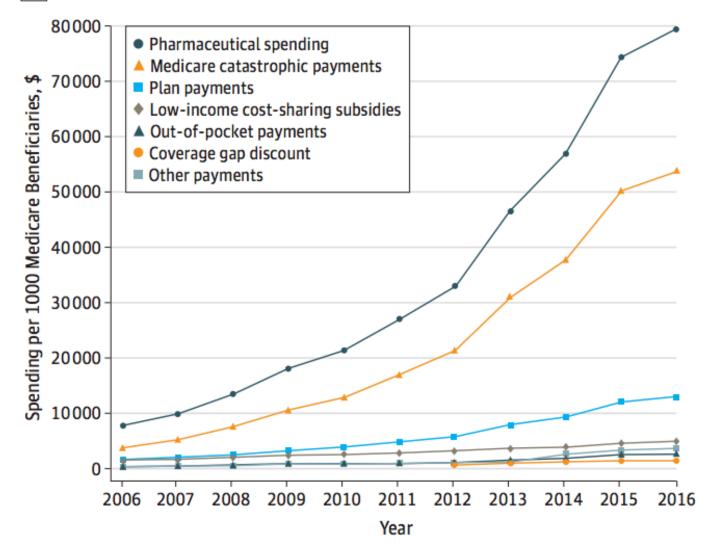
Glatiramer Acetate

Orals



DMT Spending in Medicare Part D

A Spending per 1000 Medicare beneficiaries



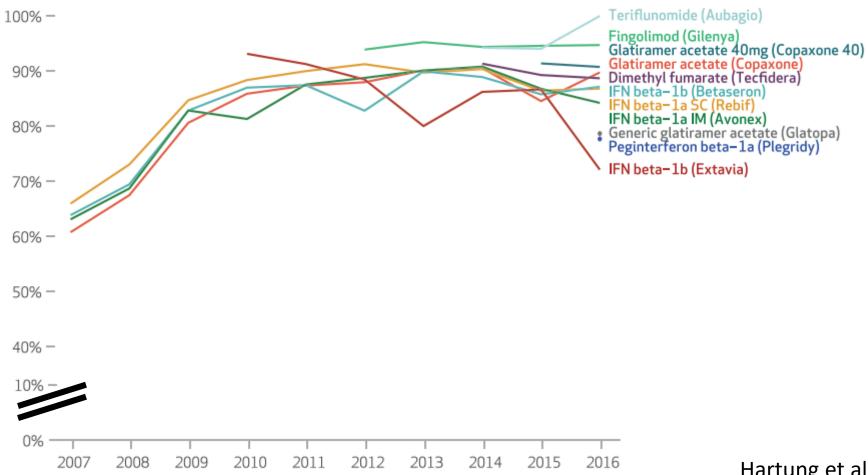
- 2017 Medicare
 - ~ \$5 B for DMTs
 - ~\$1.5 B for branded Copaxone
 - ~\$1.4 B for neurology services
- Between 2006 and 2016
 - DMT spending 10 fold
 - Patient OOP 7 fold

Hartung, Bourdette; 2019 JAMA Neurology San-Juan Rodriguez; 2019 JAMA Neurology

Increasing Access Restrictions (Medicare Part D)

EXHIBIT 2

Weighted percentages of prescription drug plans that used prior authorization policies to manage multiple sclerosis disease-modifying therapies, 2007-16



Projected Out-of-pocket Costs(Medicare Part D)

EXHIBIT 4

\$3.000 -

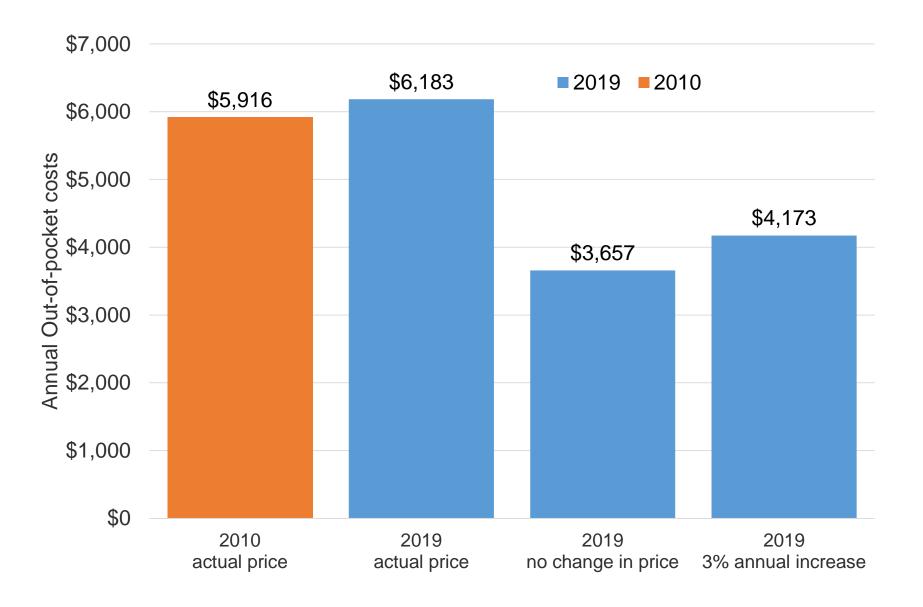
Projected out-of-pocket spending for beneficiaries without a low-income subsidy for multiple sclerosis disease-modifying therapies, by month, 2019

Teriflunomide (Aubagio) \$2,500 IFN beta-la IM (Avonex) IFN beta-1b (Betaseron) Glatiramer acetate (Copaxone) Glatiramer acetate 40 mg (Copaxone 40) \$2,000 IFN beta-1b (Extavia) Glatiramer acetate (generic 40) Fingolimod (Gilenya) \$1,500 Glatiramer acetate (generic 20) Peginterferon beta-1a (Plegridy) IFN beta-1a SC (Rebif) Dimethyl fumarate (Tecfidera) \$1,000 \$500

Rising Prices Have Undermined Policy Efforts to Reduce Medicare Beneficiary OOP

Disease-modifying therapy (Brand	Monthly price (SD)			Annual change ^b		Projected annual out-of-			Annual change ^b	
name), year approved						pocket ^c				
	2010	2016	2019	2010 to 2019	2016 to 2019	2010	2016	2019	2010 to 2019	2016 to 2019
Interferon beta-1b (Betaseron) 1993	\$5169 (104)	\$6109 (77)	\$7762 (245)	2.7%	9.1%	\$7,336	\$6,246	\$6,632	-2.5%	1.0%
Interferon beta-1a (Avonex) 1996	\$2716 (101)	\$5564 (80)	\$7076 (238)	12.2%	9.1%	\$5,864	\$5,909	\$6,228	0.1%	0.8%
Glatiramer acetate 20 mg (Copaxone) 1996	\$2891 (57)	\$6669 (86)	\$7273 (391)	14.3%	3.2%	\$5,968	\$6,578	\$6,347	1.6%	-0.6%
Interferon beta-1a SC (Rebif) 2002	\$2596 (54)	\$5987 (184)	\$7706 (285)	14.3%	9.6%	\$5,792	\$6,153	\$6,603	1.0%	1.1%
Fingolimod (Gilenya) 2010		\$6483 (94)	\$8426 (250)		10.0%		\$6,464	\$7,033		1.4%
Teriflunomide (Aubagio) 2012		\$6194 (233)	\$7482 (259)		7.1%		\$6,291	\$6,503		0.5%
Dimethyl fumarate (Tecfidera) 2013		\$6110 (140)	\$7988 (289)		10.2%		\$6,229	\$6,752		1.3%
Glatiramer acetate 20 mg (Glatopa - generic) 2015		\$5208 (253)	\$4123 (1209)		-8.1%		\$7,494	\$6,879		-1.4%
Median	\$2804	\$5987	\$7009	13.2%	7.9%	\$5916	\$6229	\$6618	0.5%	0.5%

Medicare Part D Annual OOP



prices have undermined the effect of closing the Part D Coverage Gap

Effects of DMT Costs on Individuals with MS

- National MS Society Survey (n=8,778)
 - 55% report challenges with cost of treatment
 - 21% report challenges with insurance policies and coverage
- Policies that reduce coverage and increase cost-sharing can negatively affect DMT use
 - Reduced DMT initiation
 - Reduced DMT adherence
 - Increase DMT discontinuation
 - Increased DMT abandonment

Palmer L. Am J Pharm Benefits. 2012 Li. Health Serv Res. 2017. 2017 Starner Cl. Health Affairs. 2014 Hartung – ICPE 2018



"Companies have been able to raise prices because nobody has pushed back or told them that they're not able to"
-X pharmaceutical executive (paper forthcoming)



Tod Gervich injects himself with the prescription drug Copaxone, three times a week. While he's accustomed to managing his condition, he can't get used to Medicare's high coinsurance payments. (COURTESY OF TOD GERVICH)

"I feel like I'm being punished financially for having a chronic disease,"